SISTER KATE

Choreographed by   Ria Vos
Description: 32 count, 4 wall, intermediate line dance
Musik: Sister Kate by The Ditty Bops [CD: The Ditty Bops / Available on iTunes]
 Intro: 8 counts from first beat

TOE STRUTS RIGHT & LEFT, KICK-BALL-STEP, PIVOT TURN ½ RIGHT, TURN ¼ RIGHT AND STEP SIDE, POINT BACK, KICK-BALL-CROSS

1&2& Step r toe forward, drop right heel, step left toe forward, drop left heel (shimmy shoulders)

3&4   Kick right forward, step right together, step left forward

5   Turn ½ right (weight to right)

6-7   Turn ¼ right and big step left to side, point right back   (Option: throw arms left)

8&1   Kick right diagonally forward, step right together, cross left over right

HEEL JACK WITH HEEL GRIND, ROCK BACK, REC., TOUCH, KNEE SPLIT, KICK-OUT-OUT

&2   Step right slightly to side, touch left heel diagonally forward

&3&   Step left together, cross right heel over left, step left to side

4-5   Rock right back (sticking bum out), recover to left

&6&   Touch right together, split knees apart, bring knees together

7&8   Kick right forward, step right to side, step left to side

SWIVELS, TOE STRUTS BACKWARDS, COASTER STEP, TRIPLE FULL TURN RIGHT

1&   Swivel left heel to left and right toe to right, recover to center

2&   Swivel right heel to right and left toe to left, recover to center

3&4& Step r toe back, drop r heel (option: click fingers r), step l toe back, drop l heel (option: click fingers l)

5&6   Step right back, step left together, step right forward

7&8   Turn ½ right and step left back, turn ½ right and step right forward, step left forward

PIVOT TURN ¼ LEFT TWICE, CHARLESTON STEP

1-2   Step right forward, turn ¼ left (weight to left)

3-4   Step right forward, turn ¼ left (weight to left)

5-6   Touch right forward, step right back

7-8   Touch left back, step left forward

REPEAT

TAG

After wall 1 (3:00), 3 (9:00) and 6 (6:00)

1-4   Repeat last 4 counts (Charleston step)

ENDING

You will end on count 16 (kick-out-out). Turn ¼ left after the kick, so the out-out steps will be facing front (12:00)

Although the music has a two-step rhythm, I have chosen to write the steps in half-time