

REFLECTION

Choreographed by: Alison Johnstone - Nuline Dance (Australia)
Music: Da Roots (ITG or Folk Mix) by Mind Reflection [CD: Da Roots (In The Groove)]
Descriptions: 64 count, 2 wall, Intermediate level line dance
Start: After 32 counts on stronger beat 15 seconds into track

WALK, WALK, KICK BALL CHANGE, STEP TURN ¼ L, STOMP, STOMP

1,2 Walk fwd R, Walk fwd L,
3&4 Kick R, Step on R (&), Step on Left
5,6 Step R fwd, Pivot ¼ L, (9.00)
7,8 Stomp R next to L, Stomp L in Place

ROCK FWD, REC., COASTER STEP, STEP TURN ½ R, SHUFFLE FWD

1,2 Rock fwd on R, Recover on R
3&4 Step Back R, Step L back next to R, Step Fwd R
5,6 Step L Fwd, Pivot ½ R (3.00)
7&8 Step fwd L, Step R into L, Step fwd L

LONG STEP RIGHT, DRAG LEFT IN, STEP, SMALL SIDE STEP, STEP IN, SMALL SIDE STEP, CROSS ROCK, REC., ¼ LEFT TURN SHUFFLE

1,2 Long step to R, Drag L in (Optional "Michael Flatley" arms up shoulder height Left)
&3&4 Step on L (&), Small step R (3), Step L beside R (&), Small step R (4)
5,6 Cross Rock L over R, Recover R
7&8 ¼ Turn L Step fwd L, Step R into L, Step fwd L (12.00)

HEEL BALL CROSS TWICE, SCUFF, HITCH, CROSS & CROSS & CROSS

1&2 Dig R heel to 1 o'clock, Step on R, Cross L over R
3&4 Dig R heel to 1 o'clock, Step on R, Cross L over R
5&6 Scuff R (5), Hitch changing direction to face 11 o'clock (&), Cross R over L (6),
&7&8 Step side L (&), Cross R over L (7), Step side L (&), Cross R over L (8)

SIDE ROCK, REC., BEHIND SIDE CROSS, SWITCHES TOE & TOE & HEEL & TOE BACK

1,2 Rock L to side, Recover on R,
3&4 Cross L behind R, Step R Side, Cross L over R
5&6 R Toe to Side (5), Step R Center (&), L Toe to Side (6), Step L Center (&)
7&8 R Heel Fwd (7), Step R Center (&), Touch L Toe Back (8)

Dance finishes here facing Wall 6 simply turn over Left shoulder and take weight on the Left

& STOMP HOLD, & STOMP, HOLD, & PADDLE $\frac{1}{4}$ LEFT, PADDLE $\frac{1}{4}$ LEFT (6.00)

&1,2 Step L beside R (&), Stomp R Fwd (1), Hold (2)

&3,4 Step L beside R (&), Stomp R Fwd (3), Hold (4)

&5,6 Step L Beside R (&), Touch R fwd, $\frac{1}{4}$ Turn L

7,8 Touch R fwd, $\frac{1}{4}$ Turn L

CROSS ROCK, REC., SIDE CHASSE, CROSS ROCK, REC., SIDE CHASSE

1,2 Rock R in front of L, Recover L

3&4 Step R to side, Step L beside R (&), Step R to Side (Chasse)

5,6 Rock L in front of R, Recover R

7&8 Step L to side, Step R beside L(&), Step L to Side (Chasse)

KICK BALL STEP, KICK BALL STEP, STEP TURN $\frac{1}{2}$ L X2

1&2 Kick R fwd, Step R beside L (&), Small step fwd L

3&4 Kick R fwd, Step R beside L (&), Small step fwd L

5,6 Step R fwd, Pivot $\frac{1}{2}$ L

7,8 Step R fwd, Pivot $\frac{1}{2}$ L

START AGAIN

Choreographed in Jan 13

