OUTSIDE IN

Description:32 cts, 4 wall, BeginnerChoreographed by:Diana Dawson (January 2018)Music:Outside Looking In by Lane Turner (142 bpm) CD: Right On TimeIntro:32 counts after the heavy drumbeats, start on vocals

Slower track for teaching:: There Goes by Alan Jackson (114bpm) CD: Greatest Hits Vol 2, Intro 32 counts, start on vocals

RIGHT GRAPEVINE, SCUFF, LEFT GRAPEVINE, SCUFF

- 1-2 Step Right to Right side. Step Left behind Right.
- 3-4 Step Right to Right Side. Scuff Left foot fwd
- 5-6 Step Left To Left side. Step Right behind Left.
- 7-8 Step Left to Left side. Scuff Right foot fwd

STEP FWD, SCUFF, STEP FWD, SCUFF, RUN BACK X3, HOLD

- 1-2 Step fwd on Right. Scuff Left fwd.
- 3-4 Step fwd on Left. Scuff Right fwd
- 5-6 Small steps backwards stepping Right, Left
- 7-8 Right. Hold

RUMBA BOX FWD

- 1-2 Step Left to Left side. Step Right beside Left.
- 3-4 Step fwd on Left. Hold
- 5-6 Step Right to Right side. Step Left beside Right
- 7-8 Step back on Right. Hold

SIDE, TOGETHER, QUARTER TURN LEFT, HOLD, ROCK FWD, RECOVER, ROCK BACK, RECOVER (ROCKING CHAIR)

- 1-2 Step Left foot to Left side. Step Right beside Left
- 3-4 Quarter turn Left stepping fwd on Left. Hold (9:00)
- 5-6 Rock fwd onto Right foot. Recover back onto Left foot
- 7-8 Rock back on Right foot. Recover fwd onto Left foot .

Start Over

Alternative Übungsmusik: Jax Jones - Breathe 16cts