

KNOCK OFF

Description: 52 ct, 2 wall, Intermediate
Choreographed by: Guylaine Bourdages (CAN), Chrystel DURAND (FR), Julie Lépine (CAN), Stéphane Cormier (CAN), Nicolas Lachance (CAN) & Niels Poulsen (DK) - July 2022
Music: Knock Off - Jess Moskaluke
Intro: 24 counts from very first beat in music. App. 11 secs. into track

R SIDE ROCK, REC., TOGETHER, L SIDE ROCK, BEHIND SIDE CROSS, R SIDE ROCK, REC. $\frac{1}{4}$ L

1-2& Rock R to R side (1), recover on L (2), step R next to L (&) 12:00

3-4 Rock L to L side (3), recover on R (4) 12:00

5&6 Cross L behind R (5), step R to R side (&), cross L over R (6) 12:00

7-8 Rock R to R side (7), recover on L with $\frac{1}{4}$ L (8) 9:00

R SHUFFLE FWD, TAP $\frac{1}{2}$ TURN R, R BACK ROCK, R KICK BALL CHANGE

1&2 Step R fwd (1), step L behind R (&), step R fwd (2) 9:00

3&4 Turn $\frac{1}{4}$ R on R touching L next to R (3), turn $\frac{1}{4}$ R and lift L foot up and scoot back slightly on R foot (&), step back on L (4) ... Easy option: shuffle $\frac{1}{2}$ R backwards 3:00

5-6 Rock back on R (5), recover on L (6) 3:00

7&8 Kick R fwd (7), step R next to L (&), change weight to L (8) ...

*** RESTART here on wall 3 3:00**

R&L HEEL SWITCHES, STOMP R FWD, HOLD, L&R HEEL SWITCHES, STOMP L FWD, HOLD

1&2& Touch R heel fwd (1), step R next to L (&), touch L heel fwd (2), step L next to R (&) 3:00

3-4 Stomp R fwd (3), HOLD (4) 3:00

5&6& Touch L heel fwd (5), step L next to R (&), touch R heel fwd (6), step R next to L (&) 3:00

7-8 Stomp L fwd (7), HOLD (8) 3:00

R SHUFFLE FWD, STEP $\frac{1}{2}$ R, $\frac{1}{4}$ R INTO L CHASSE, R BACK ROCK

1&2 Step R fwd (1), step L behind R (&), step R fwd (2) 3:00

3 - 4 Step L fwd (3), turn $\frac{1}{2}$ R onto R (4) ...

5&6 Turn $\frac{1}{4}$ R stepping L to L side (5), step R next to L (&), step L to L side (6) 12:00

7 - 8 Rock back on R (7), recover fwd onto L (8) ...

*** RESTART here on wall 4 12:00**

KNOCK OFF, S.2

R KICK & L TAP & R KICK & L HEEL & R TAP & L HEEL & R KICK BALL STEP

1&2& Kick R fwd (1), step down on R (&), tap L toes behind R foot (2), step back on L (&) 12:00

3&4& Kick R fwd (3), step back on R (&), touch L heel fwd (4), step down on L (&) 12:00

5&6& Tap R toes behind L foot (5), step back on R (&), touch L heel fwd (6), step down on L (&) 12:00

7&8 Kick R fwd (7), step R next to L (&), step L fwd (8) 12:00

R ROCK FWD, R FULL TRIPLE TURN, L ROCK FWD, SHUFFLE $\frac{1}{2}$ L

1 - 2 Rock R fwd (1), recover back on L (2) 12:00

3&4 Turn $\frac{1}{2}$ R stepping R fwd (3), step L next to R (&), turn $\frac{1}{2}$ R stepping R slightly fwd (4) 12:00

5 - 6 Rock L fwd (5), recover back on R (6) 12:00

7&8 Turn $\frac{1}{4}$ L stepping L to L side (7), step R next to L (&), turn $\frac{1}{4}$ L stepping L fwd (8) 6:00

STEP OUT RL, HEEL BOUNCES

1 - 2 Step R a small step out to R side (1), step L a small step out to L side (2) 6:00

&3&4 Lift heels off the floor (&), step heels down (3), lift heels off the floor (&), step heels down (4) 6:00

Start Again!

ENDING: Wall 8 is your last wall. It starts facing 6:00. Do up to count 26, then change the $\frac{1}{2}$ R to a step $\frac{1}{4}$ R and cross L over R to finish the dance facing 12:00 again

****2 RESTARTS:**

*1st) On wall 3 (starts at 12:00), after 16 counts, facing 3:00. Turn $\frac{1}{4}$ L to restart the dance facing 12:00 again

*2nd) On wall 4 (starts at 12:00), after 32 counts, facing 12:00 again