

BONITA

Choreographed by Monika Mickein

Description: 32 count, 4 wall, beginner line dance

Musik: Bonita by Angezz

Intro: 16

STEP FORWARD, KICK, STEP BACK, TOUCH, GRAPEVINE LEFT WITH TOUCH

- 1-2 Step left forward, kick right forward
- 3-4 Step right together, touch left together
- 5-6 Step left to side, cross right behind left
- 7-8 Step left to side, touch right together

STEP FORWARD, KICK, STEP BACK, TOUCH, GRAPEVINE RIGHT

- 1-2 Step right forward, kick left forward
- 3-4 Step left together, touch right together
- 5-6 Step right to side, cross left behind right
- 7-8 Step right to side, step left together

OUT OUT, IN IN, 2 X

- 1-2 Step right out forward, step left out to side (shoulder apart)
- 3-4 Step right back in, step left together
- 5-6 Step right out forward, step left out to side (shoulder apart)
- 7-8 Step right back in, step left together

CHASSE WITH TURN $\frac{1}{4}$ RIGHT, TOUCH, SWAY L, R, L, R

- 1-2 Step right to side, step left together
- 3-4 Turn $\frac{1}{4}$ and step right to side forward, touch left together (3:00)
- 5-6 Rock left to side (hips left), recover right (hips right)
- 7-8 Rock left to side (hips left), recover right (hips right)

REPEAT

ENDING

Complete 11th wall, facing 9:00

STEP TURN $\frac{1}{4}$ RIGHT, TOUCH

- 1-2-3 Step left forward, turn $\frac{1}{4}$ right, touch left next to right and pose (12:00)

Dem Archiv hinzugefügt: 6-Jul-2011

ALTERNATIVE ÜBUNGSMUSIK:

Graziella Schazad -	Look At Me	114bpm	4x	
Michael Buble -	Sway	120 bpm	4x	(bis Pause)
Nitty Gritty Dirt Band -	Fishin' In The Dark	151 bpm	4x	