

BALLYMORE BOYS

Choreographed by Dynamite Dot

Description: 32 count, 4 wall, intermediate line dance

Musik: The Boys From Ballymore by Sham Rock [130 bpm]

Start dancing on lyrics

POINT BACK-½ TURN RIGHT / STEP-½ TURN RIGHT / DIP DOWN AND UP / RIGHT TOE FORWARD / LEFT TOE SIDE

1-2 Touch right back, pivot ½ turn right

3-4 Step left forward, pivot ½ turn right (weight on left)

5-6 Right foot is slightly forward bending knees dip down and up (hands on thighs)

7&8 Touch right forward, step right together, touch left to side

LEFT AND RIGHT SAILOR / LEFT SAILOR WITH ¼ TURN LEFT / SHUFFLE

1&2 Left sailor step

3&4 Left sailor step

5&6 Turn ¼ left and left sailor step

7&8 Chassé forward right, left, right

FULL TURN FORWARD / BUMP LEFT-RIGHT-LEFT / SHUFFLE BACK / ½ TURN SHUFFLE

1-2 On ball of right turn ½ right stepping back on left, on ball of left turn ½ right stepping forward on right

3&4 Step left forward bumping hips forward, bump hips back, bump hips forward

5&6 Chassé back right, left, right

& turn ½ left (weight to left)

7&8 Chassé forward left, right, left

STEP-½ TURN / SIDE SWITCHES / HEEL SWITCHES / CLAPS

1-2 Step right forward, turn ½ left (weight to left)

3&4 Touch right to side, step right together, touch left to side

&5 Step left together, touch right heel forward

&6 Step right together, touch left heel forward

&7 Step left together, touch right heel forward

&8 Clap twice

REPEAT

Dem Archiv hinzugefügt: 2-Jul-2000