

AB CRYING SHAME

Description: 32cts, 4 wall, Absolute Beginner
Choreographed by: Susanne Oates (UK) - November 2021
Music: Is It Cheating (feat. Colter Wall) - Belle Plaine
Intro: Start on the word "Lost".

FWD. TOUCH. BACK. TOUCH. WALK FWD X3. KICK.

1 2 Step fwd on right. Touch left beside right.
3 4 Step back on left. Touch right beside left.
5 6 Walk fwd on right. Walk fwd on left.
7 8 Walk fwd on right. Kick left fwd.

WALK BACK X3. TOUCH. SIDE. TOUCH. SIDE. TOUCH.

9 10 Walk back on left. Walk back on right.
11 12 Walk back on left. Touch right beside left.
13 14 Step right to side. Touch left beside right.
15 16 Step left to side. Touch right beside left.

SLOW CHASSE R. TOUCH. SLOW CHASSE L. TOUCH.

17 18 Step right to side. Step left beside right.
19 20 Step right to side. Touch left beside right.
21 22 Step left to side. Step right beside left.
23 24 Step left to side. Touch right beside left.

STEP. SCUFF. STEP. SCUFF. FWD. BOUNCE HEELS X3 MAKING $\frac{1}{2}$ L TURN

25 26 Step fwd on right. Scuff left beside right.
27 28 Step fwd on left. Scuff right beside left.
29 30 Step fwd on right. Lift heels turning approx. 1/4 left. Replace
31 32 Lift heels turning 1/8 left. Lift heels turning 1/8 left, taking weight
fwd on left

START AGAIN